Insert the names of the colleagues/or team you are working with currently, with yourself in the centre. Give thought to the following and capture a few notes:

- What are their strengths, what do you value about them?
- What is their impact on you?
- How would you describe your working relationship currently?

Continue to ask yourself:

- Which relationships can I improve? How could I do that?
- What might the benefits be to me, to them and to the organisation?
- Who else could help me to develop these relationships?

Take one relationship to focus on. What will you do to improve it? What will your first step be?
Notes......